REPETITION AND REVIEW (R&R)

General Principles of Memorization:

- 1. Each individual memorizes differently. Therefore, you must discover how you remember and use this method.
- 2. No matter how you remember, Repetition and Review are a part of activating long term memory.
- 3. Small groups of dissimilar words are easier to memorize than large groups and similar words.
- 4. The more senses (hearing, seeing, touching, smelling, tasting) involved in memorization, the higher the level of retention.

The R & R Method:

- 1. Begin memorizing words at least 1 week in advance.
- 2. Make review cards with the Greek word on one side and the English on the other.



- 3. Construct 3 piles of words: New, Known, and Trouble. The New pile contains all the words which are due next week. The Known pile contains all the words which you already know. The Trouble pile contains all the words which were missed when reviewing the known pile or had difficulty with in the New pile.
- 4. The New pile should be constructed the week before they are due and reviewed a couple of times each day until you know them, then move them into the Known pile. When you begin work with a New pile separate the words into groups of five dissimilar words. First, Learn these words in groups of five, then begin reviewing them in groups of 15 or 20.
- 5. The Known pile should be reviewed every other day or 2-3 times a week depending on your personal retention level. If you miss a word, even once, while reviewing this word must be moved to the Trouble pile.
- 6. The Trouble pile should be reviewed daily until they can be moved into the Known pile. Try to involve more of your senses with the Trouble pile. For example, try writing each word ten times while pronouncing it out loud or try singing the words.